

# For His Glory Ministries

## Training for Trainers (T4T) – Disciple-Making Workshop Manual

### I. T4T: Launching Disciple-making Movements: Why, How and What:

**1. Why:** For His Glory Ministries exists to help the fulfill the final wishes of the Lord Jesus that we make disciples of all nations. (Matthew 28: 19) We help pastors and church leaders release their members into the ministry by flipping the conventional model of making disciples from “grow then go” to “**grow as you go**”.

**2. How:** The 3-legged stool is a metaphor for the 3-point strategy we use to assist local churches to launch disciple-making movements to transform their communities for Christ.

1. The movement is directed and empowered by the Holy Spirit. (Acts 13: 2)
2. That we have Jesus’ authority through His Name. (Matthew 28: 18; Acts 3: 6, 16)
3. The T4T model of making disciples who make disciples. (Matthew 28: 19 – 20)

**3. What:** This model is revolutionary because it empowers every Jesus follower to share their testimony of what Jesus Christ has done for them and make disciples. We call this model Training for Trainers (T4T) and it is contributing to the launching of indigenous, self-perpetuating disciple-making movements here and around the world.

### II. The following T4T lessons and exercises can be used when discipling others or in leading T4T Workshops.

**1. WHY do we need to share the Gospel?** Because God so loved the world that He sent his Son to take away our sin and give us eternal life. (John 3:16-17; 1John 4:10) The Father sent Jesus, now He sends us. (John 20:21)

1. Because God loves us, we follow “The 4 Commands” and we respond to “The 4 Calls” below:

#### **The 4 Commands** (Matthew 28:19-20)

1. Go
2. Make disciples
3. Baptize
4. Teach them to obey

#### **The 4 Calls**

1. The Call from Above: Mark 16:15
2. The Call from Below: Luke 16:27-28
3. The Call from Inside: 1 Cor. 9:16-17
4. The Call from Outside: Acts 16:9

## 2. The Great Commission:

In **Matthew 28: 18-20** we see the Lord Jesus giving his last statement which Bible scholars and teachers call the **GREAT COMMISSION**, it is not a **REQUEST, ADVICE OR SUGGESTION**.

It is not that Jesus told them that, if you will be interested in the things I have done, then do what I have instructed you to do. In giving this order, Jesus did not leave His disciples the chance to choose, but instructed them with authority, which is why before giving the order, he began by introducing himself to His disciples, saying; **I HAVE BEEN GIVEN ALL AUTHORITY IN HEAVEN AND ON EARTH**, he wanted His disciples to take his statements as an order from the authority and not as a suggestion.

If you examine this command in detail, you will see that this is compared to an urgent call. In **Mark 16: 15-16** Jesus says, "15. And then He told them, "Go into all the world and preach the Good News (Gospel) to everyone. 16. **Anyone who believes and is baptized will be saved. But anyone who refuses to believe will be condemned.**

In **Romans 10:13-16**, Paul says that in order for a person to call on the name of the Lord and be saved, he/she must believe, and they can only believe after hearing the Good News, preached to them by a preacher who was sent.

Any believer who does not bring someone to Jesus is like a tree without fruit in the kingdom of God. More than anything, God wants us to bear fruit. According to the Bible, one work that a believer can do that will cause a great celebration in heaven is to bring someone to Jesus. This is also the only work that is counted as great in the kingdom of God, - **Luke 15:7**.

### 3. How: Knowledge/Obedience/Service or Knowledge/Obedience/Service

It is good for every disciple to remember that knowledge is useless if it's without obedience and service. We only profit from the knowledge that we put into practice. Knowledge can only become profitable for God's Kingdom as we obey the Great Commission and serve others. In order to live a life that is of great profit in God's work, we must be obedient to go and share the Good News and make disciples. In order for a person to experience the blessings of God, he must first obey (hear and do) God's will. **James 1:22**

## 4. What: The goals of this workshop are:

1. To introduce T4T (Training for Trainers) strategy of discipleship multiplication and small group reproduction.
2. To challenge every disciple of Christ and minister to deploy the T4T strategy to win and disciple hundreds, even thousands of new believers in small training groups.
3. To help rejuvenate the followers of Jesus in our community creating positive transformation in cities and nations.

## 5. What is the Biblical Basis for T4T (Training for Trainers)

1. Matthew 28:18-20 –

A disciple is NOT a disciple until s/he is *making disciples* who are *making* disciples.

2. Acts of the Holy Spirit through the Early Church
  - Addition - Acts 2:41 & 47 (Added Daily)
  - Multiplication Acts 4: 29 - 33; 6:7
3. The Apostle Paul's Strategy 2 Timothy 2:2 –
  - Four Generations of Disciples – Paul > Timothy > Faithful Men > Others

- When we preach the word, we must remind every believer that they are called to do the work of an evangelist. (2Timothy 4:5) Every follower of Jesus is a preacher in the sense that they also have to reach others, introducing them to Jesus, and teaching them to also go and find others and teach them also to go and bring others. This is true disciple making and how the Gospel of the Kingdom creates movements.

## 6. How: A Better Way – How is T4T Different?

1. Train every believer to .... Hear from the Holy Spirit
2. Train every believer to .... Share his faith with unbelievers.
3. Train every believer to .... Train new believers.

## 7. Who Is a Disciple and what does a Disciple do:

In Matthew 28:19-20, Jesus tells us:

*“Go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”*

Think of the definition of a disciple in three parts:

*“One who accepts, obeys, and spreads Jesus’ commands.”*

A disciple is a follower of Jesus who makes disciples and teaches them how to make disciples.

The Lord told the T4T founder, Ying Kai, “Don’t just make disciples train other to make disciples.” We are not just focused on our children in the Lord but their children. Deuteronomy 4:9; 29:29

## IV. Sharing with others: Four Questions

1. What do I say?
2. To whom do I say it?
3. What will enable me to be faithful to do this?
4. What do I do if they say “Yes” to Jesus?

### 1. What do I say?

A. Pray for a need!

B. Tell *your* story.

Three Parts of Your Story – Tell your story without sounding religious

1. Your life before Jesus
2. How you met Jesus
3. Your life since Jesus

a. Write your story (less than minutes in length) be relatable and speak from your wound

b. Practice your story

1. Read it 2 times out loud
2. Tell your story to a partner
3. After the workshop tell it to three Christian friends and ask them to tell you how to improve.

**2. To whom do I say it?**

A. Any 3 = Anyone, Anywhere, Anytime Mark 4: 1 – 20

1. Get Connected: How are you? Who are you? What do you do?
2. Get to a God Conversation: How's your spiritual life or journey?
3. Get to Lostness: Say: Do you know that if you died, you'd go to heaven?
4. Get to the Gospel: Say: My religion is different. I have already been forgiven and know I will go to heaven. "This is because it's about a relationship with Jesus not a religious practice"  
(Tell your story and the 3 Circles story)
5. Get to a Decision: Romans 10:9-10 (Ask, "Have you ever surrendered your life to Jesus Christ?")

B. Ask, "Would you like to?"

1. If they say no, ask them why? If they still don't want to surrender to Christ, that's okay you planted a seed.
2. If that brings up some objection, don't argue with them just bring them back to the love of Jesus and your testimony.
3. If they say yes, share the Gospel (3 Circles) and lead them in a simple prayer, admitting they are a sinner, asking to receive God's forgiveness and ask for His eternal life through Jesus.

**3. What will enable me to be faithful to do this?**

A. Mark 6:7-13 - Jesus sent His disciples in pairs. (Start a T4T group)

It is very important to keep the testimony and avoid the trap of the devil, these two people should be of the same sex unless they are husband and wife.

B. Mark 6:30-31 – *His disciples reported* back to Jesus. (Attend a T4T group)

The T4T report must also be given to the T4T leader in the church, who after delivering it to the pastor of the church, also sends it to the T4T leadership in the city.

C. Holding one another accountable will cause us to be "doers of the word and not just hearers only." James 1:22; What does "obey" mean? (Listen with our heart, Listen attentively and do what we hear from God) Matthew 28: 20

The T4T group is an obedience group, not just learning without putting into practice.

D. We will meet "next week" to discuss what happened. (Report weekly to a T4T group what God did through you to reach others with the Gospel and make disciples since the last meeting.)

#### 4. What do I do if they say “Yes” to Jesus?

- A. If someone says yes to the Lord Jesus, it is good to congratulate the decision he has made and thank him, while reminding him that he/she has made a decision that they will never regret.
- B. The T4T report must also be given to the T4T leader in the church, who after delivering it to the pastor of the church, also sends it to the T4T leadership in the city.
- C. Invite him to your local church, if he lives near your church, (and if he lives far from your church, take him and introduce him to a pastor of a Christian church near where he lives, while praying that the pastor will help the person grow).
- D. Start teaching him the importance of being baptized with after being saved, teach him also to obey the great commission (that is to go and bring other people to Jesus and teach them to bring other people to Jesus and remind them not to forget to teach others to do the same).
- E. Invite them to weekly T4T small group meetings where they will begin to learn how to make disciples and grow in Christ.
- F. Share with them the seven lessons every disciple should know that we can use to lead someone to a new life in Jesus Christ, and set them on a lifelong path of growing in their relationship with God and with other followers of Jesus.

*\*The 7 lessons every disciple should know begin on page 16*

### V. Multiplication Rather than Addition - The Basics

#### 1. Simple things multiply!

- a. All the discipleship tools we will teach you to use are simple and easy to use. Anyone can use them and teach others to use them. If you use discipleship tools that are not simple and easy to pass on, then you will not see a discipleship movement happen.

#### 2. The importance of multiplication - we can't reach everyone by ourselves

- a. We need to make disciples that make disciples
- b. We need to start T4T groups that start T4T groups
- c. Every T4T discipleship group should birth 2 or more groups

#### 3. Conduct T4T Addition verses Multiplication Exercise with the group

### VI. More about the Who, What and How of sharing the Gospel

**1. WHO do we share the Gospel with?** Start with those close to you. In other words, your friends, family, relatives, co-workers, neighbors and anyone else that you know and have a relationship with in person or online.

- a. **List at least 20 to 100 or more people who don't have a relationship with God.** Pray through the list and ask God to show you 5 people that you can share your story and God's story with this coming week. Get other members of your T4T group to help you. (The form is on page 17)

**2. HOW do we share the Gospel?** Again, you share your testimony as a bridge to sharing God's story.

a. It's simple to start a spiritual conversation

1. With friends and family ask something like, "May I share what's been happening in my life?"

2. With people you've just met start the conversation by asking them questions like, "what do you do or tell me about that tattoo or the writing on your shirt or hat, etc.?"

a. How to share **your story** in 3 minutes or less:

1. Share about your life **before** following Jesus.

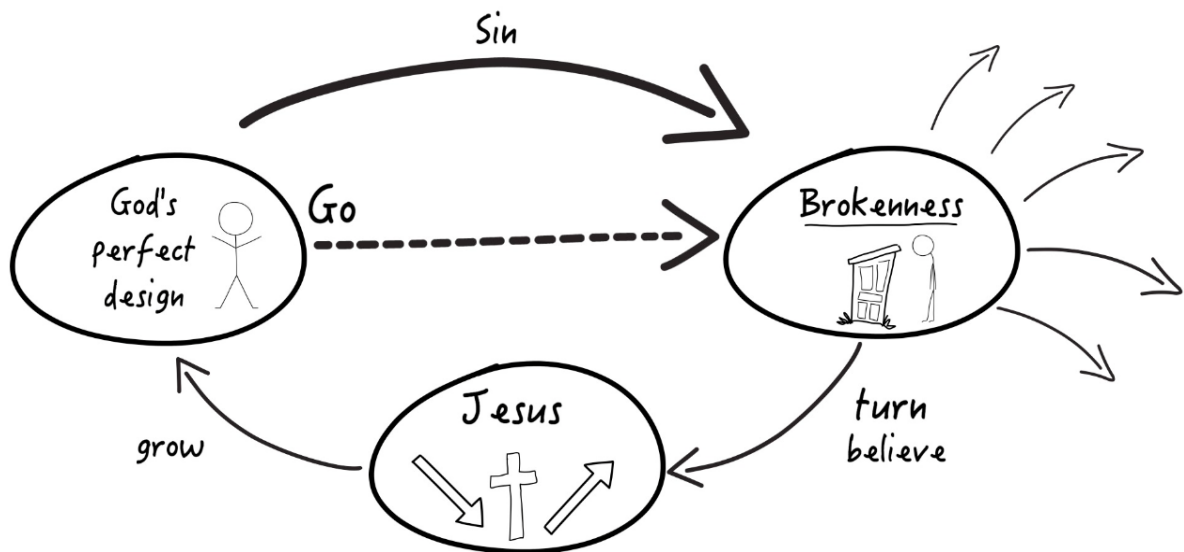
2. Share about **why and how** you came to follow Jesus.

3. Share about your life **after** following Jesus and the difference He has made in your life. Make sure to ask for a **response** at the end of your story that leads into God's story.

(In a T4T Workshop ask the trainees to share their testimony at least 3 times, twice aloud and once with each other.)

### 3. What: Sharing God's Story, the Gospel:

#### The 3 Circles Evangelism Method



#### Here's what to say when drawing out the 3 circles

So, we live in this world, and it is characterized by brokenness. We don't have to look very hard to see that there are things like disease, disasters, war, broken families...there's a lot of pain in this world. But this is not God's original design. God has a perfect design for our lives. The way that we have gotten ourselves into brokenness is through something the Bible calls sin. Sin is turning away from God's design and pursuing our own way, and that leads us to brokenness. Brokenness eventually leads us to death, and that death will separate us from God forever. But God doesn't want us to stay in brokenness.

So, He's made a way out, and that way is Jesus. Jesus comes, and he enters into our brokenness, and the death that we deserve for pursuing brokenness, Jesus takes on himself and dies on a cross, and his body is broken for us. Three days after he died, he rose from the dead and made a way out of brokenness. People try many things to get out of brokenness. Things like religion, success, money, relationships, education, or drugs and alcohol, but none of these things can get us out of brokenness. The only way out is Jesus. If we turn from our sin and believe that Jesus died for us and rose from the dead, we can leave brokenness and grow in a relationship with God and pursue his perfect design for our lives. Now there are two types of people in the world, there are people with God's peace, and there are people that are still in brokenness. So, where do you think you are?

**Check out the 3 – Circles at:** <https://www.youtube.com/watch?v=V7mURm-8cOI>

### **The 3 Circles Gospel Method for Oral based Cultures**

1. In some cultures and parts of the world where many people cannot read and write you will need to share the 3 Circles using your hands.
  - a. Make a circle with your hands saying, "God made a perfect world for humankind".
  - b. Break your hands apart slightly saying, "Adam and our rebellion and sin brought brokenness into this world".
  - c. "People try to fill the brokenness with the things of the world like work, pleasure, religion, addictions, and many other things but they cannot fill our brokenness."
  - d. Make a downward motion with a hand saying, "We couldn't go to God because of our sin so God, in the person of Jesus came to us."
  - e. Make a cross with your hands saying, "He died on the cross paying for our sin", then make an upward motion saying; "He rose from the dead giving us His eternal life. Therefore, if you turn from your brokenness and sin and confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved." Romans 10:9
  - f. Then you can share with them that they can now focus their life on growing in a relationship with God and His Holy Spirit within you transform you into His image Son Jesus from the inside out.
  - g. You can let them know that as they trust Jesus; they will experience more of His presence and will be at peace no matter what happens to them in the world.
  - h. Now that they know Jesus, they can go back to the people that are still in brokenness and share their story about what Jesus has done for them so that they too can find the life, joy and peace that only Jesus brings.

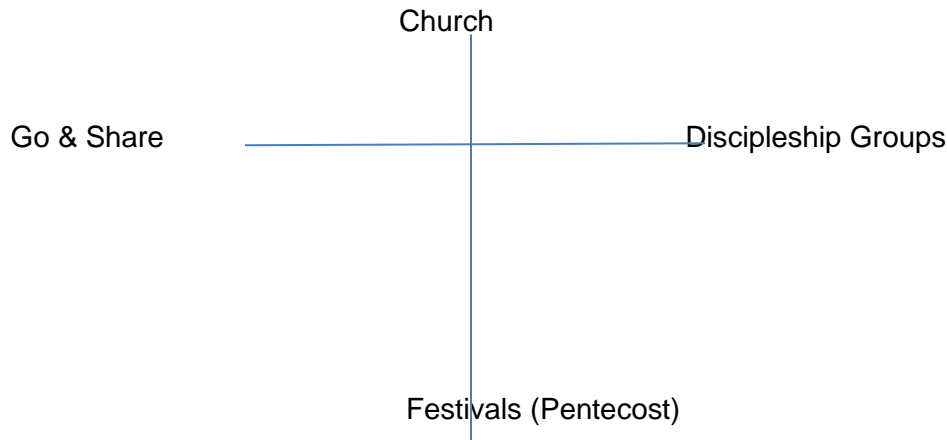
## **VII. Resources:**

**The book: Training for Trainers, The Movement that Changed the World, by Ying & Grace Kai**

For More information go to <https://forhisglorymin.org/training-for-trainers-workshop-videos>

## VIII. The 4 Elements of The Church

The 4 - Elements for Launching Kingdom Movements that Transform Nations for Christ



1. Jesus came to establish His Kingdom and uses all 4 elements of the Church
  - a. Festivals: Launch the movement creating unity among the local churches, Acts 2:1
  - b. The Church: Local body of believers, Luke 4:16
  - c. Go and Share: The Great Commission, Matthew 28:18-20
  - d. Disciple-making Groups: Jesus and the 12, Acts 2:46
2. Go & Share: The Great Commission:
  - a. Jesus' authority has been given to us and manifests as we go, pray and share
  - b. More come when we go
  - c. Not just converts, disciples
  - d. Train disciple makers
  - e. Legion went and shared immediately, Mark 5: 19 - 20
  - f. Tell your testimony, ask if they have surrendered to Jesus
  - g. Tell Jesus' testimony, which is the Gospel using the 3-Circles Model
  - h. Disciple them and train them to make disciples
3. Discipleship Groups: small group disciple making (Jesus and the 12)
  - a. Demonstrate the small group model (Immediately integrate the teaching for the 3/3 meeting of the T4T group with students making others students, show the procedure for the small group meeting of T4T each week)
  - b. Group exercise (Show how someone can start a T4T group)
  - c. Always ask everyone in the group if they shared Jesus with anyone last week and what happened
  - d. Always remind them to ask the Holy Spirit, each day to send them across someone's path
  - e. Make a prayer list of 20 to 100 or more names of people who need Jesus
  - f. Teach your group about God's heart for the lost
  - g. Pray, asking the Holy Spirit to guide you in planning how to reach out to 5 people on your list the coming week
  - h. Every T4T small group should birth 2 or more groups
4. The Church: the local gathering of believers for teaching, prayer and worship
  - a. Jesus attended local weekly gatherings: Luke 4:16



- b. Jesus instituted the Church to establish His Kingdom on earth but it must exhibit all 4 elements to be effective, Matthew 16:16-19
  - c. The revelation that Jesus is the Christ, the Son of the living God is the rock upon which Jesus builds His Church, Matthew 16:16
  - d. Jesus gives His Church Kingdom authority, Matthew 16:19
- 5. The Festival: the launching pad for a disciple-making movement
  - a. A gathering of believers and non-believers in a community to hear the Gospel
  - b. Fosters unity among the churches in a city
  - c. Creates an environment for the Training for Trainers disciple-making model to multiply across the community
  - d. Will be used to claim the city for Christ
- 6. Disciples making disciples:
  - a. Disciples need to grow while they go, not grow before they go, we learn best by doing
  - b. If you go slow you grow slow, go fast to grow fast
  - c. Small group discipleship, starts small to grow big
- 7. Effective prayer walking is foundational

## **IX. T4T Kingdom Multiplication Training: Empowering Pastors to Grow their Kingdom Impact**

### **Step 1: Pastors Leading Leaders**

- Pastors you need to champion T4T and we highly recommend that you personally lead a T4T weekly discipleship group as well.
- Choose and equip key leaders and send them through T4T Training.
- These newly trained leaders are then encouraged to ask the Holy Spirit to lead them to a person of influence called a person of peace, to help start a new group.
- With their person of peace, they prayer-walk neighborhoods selected by their overseeing Pastor as directed and empowered by the Holy Spirit.
- Every T4T group member keeps a list of people who need Jesus they are praying for. You can help reach out to these people as the Holy Spirit directs.
- As T4T members conduct prayer-walks in the community, they visit homes and make friends with the residents, seeking to address their felt needs, sharing the Gospel using the “3-Circle Method” whenever possible.
- T4T leaders will start their weekly small group discipleship meetings with the person of peace usually in their home.
- They will continue to share their testimony about how they met Jesus, leading other neighbors to Christ and inviting them to their weekly discipleship group.

### **Step 2: Pastors Leading Leaders who lead Leaders**

- The leaders then disciple the members of the group following the T4T format.

- Once the discipleship group reaches about 10, the group leader, under the direction of the Pastor looks for a multiplying leader from the group to go out and find a person of peace to help birth a new group.
- Every group should birth 2 or more groups.
- The overseeing Pastor guides them in choosing a different neighborhood to repeat the process.
- It is important that the Pastor meets each of the new leadership trainees.
- The leaders of the parent group should help these new leaders by taking turns modeling practices such as; prayer-walking, seeking the Holy Spirit for direction, and by co-leading the new discipleship group.

### **Step 3: Leading Leaders into Leadership Multiplication**

- Leaders of a healthy discipleship group of 8 to 12 members, whenever possible should identify disciples who are becoming multiplying leaders and send them out to find persons of peace.
- The leader then trains these next generation leaders in the T4T process, multiplication principles and Leadership Multiplication training.

### **Step 4: Repeat the Leadership Multiplication Process**

- These new multiplying leaders will repeat the process in a new neighborhood. All new disciple group leaders will receive T4T training.
- Every discipleship group leader will attend a monthly T4T training meeting with the other T4T leaders coordinated by the overseeing Pastor
- Each new leader will receive hands-on mentoring by their leaders from the previous (parent) generation group.
- Each disciple maker will attend two groups, their original group in which they are growing spiritually and a second group in which they are training others.

## **X. Essentials for T4T Multiplying Movements**

### **1) Top church leaders must champion and model T4T**

- a) Always remind your congregation to ask the Holy Spirit to lead them to someone every day
- b) Train all believers on their authority in Christ's Name
- c) Your members only do what you do so model, advocate and promote T4T often
- d) Top leaders should lead their own T4T discipleship group of up to 12

2) Frequent training for small discipleship group leaders is very important. Every small group should give birth to 2 or more groups.

3) It is extremely important that everyone in your T4T group sees themselves as a member of a Kingdom advancing disciple-making team. Regular coaching is key!

4) **Group leaders need to gather monthly in a large meeting** and break into 3-to-4-member accountability subgroups during part of the meeting.

5) Large evangelistic meetings to draw the lost are helpful and **abundant prayer is foundational!**

7) Every T4T discipleship group member should maintain a list of people they believe do not know Jesus that they can pray over and reach out to as the Spirit leads

8) Schedule 2 hours every week for evangelism (prayer walking, meetings with unsaved people, or attend business and government events).

## **XI. The Following is the Format for facilitating a 3/3 T4T Meeting:**

### **Disciples Making Disciples Weekly T4T Meeting Format**

**First Part:** approximately 30 minutes

1. Pastoral Care: Open meeting with prayer. Let each trainee tell what is happening in their lives and with their family. Encourage and pray for one another. **(You can ask: Is there something you are thankful for and is there something you are stressed about?)**
2. Worship: Sing a song or two of praise and worship or read a psalm. (Keep this simple so it can be reproduced easily.)
3. **Accountability: Ask all trainees to report on the following:**
  - a. **Whom did they tell their story to? (What Jesus has done for them) Did they believe?**
  - b. Whom have they trained?
  - c. Are the people they are training, training others?
4. **Great Commission Vision: Give Biblical reminders of the Great Commission task. (From time to time give examples on how to share with others)**

**Second Part:** approximately 30 minutes

- a. Discovery Bible Study Method (DBS)  
In this method, selected Scripture Passages are read. Then the following questions are asked of everyone in the group:
  1. What did you like about that passage?
  2. What disturbed you about that passage?
  3. What does the passage teach us about God?
  4. What does the passage teach us about people?

**Final Part:** approximately 30 minutes

5. From time to time pare up and ask everyone in the group to practice telling their testimony and practice asking others if they have surrendered to the Lord.
6. **Set goals and pray:**
  - a. **Direct trainees to again ask God to show them whom they will tell their testimony this week and whom they will train.**
  - b. **Ask them to write down those names.**
  - c. **Have them pray that Holy Spirit prepare the hearts of those on their lists.**

**Remind everyone, every week to start each day by asking Holy Spirit to send someone across their path that they can share their testimony with.**

Again: Each element in the meeting is important. If you have to cut the meeting short, then shorten the segments, but do not eliminate any of them. Always do the bold items.

## **XII. For His Glory T4T Group Meeting Principles**

### **1. Small and Secure:**

Keep groups small, ideally 8 to 12. Start groups around circles of relationships, people who already know each other. Meet where these people already gather like in a home. With a larger group, divide into sub-groups of 3 or 4 people during the Bible study part. Respect each other's privacy. Whatever is shared in a meeting stays in that meeting.

### **2. Everyone Learns to Grow on their Own:**

In the group, everyone learns to grow by doing the following on their own:

- Tell others about Jesus
- Learn from the Bible
- Talk with God and listen to Him
- Help and encourage other believers
- Boldly face persecution and hard times

### **3. Consider Everyone a Potential Disciple Maker:**

View everyone as a potential disciple-maker, both before and after they trust Jesus. Leaders are usually unpaid and without formal schooling.

### **4. Obey (listen attentively) and Train:**

The groups are obedience based, not just knowledge focused. Follow Jesus by learning and obeying the Bible through the guidance of the Holy Spirit. Make practical and specific commitments each meeting and review them the next time you meet. Become fishers of men by training others how to learn and obey as well. This creates an environment in which loving Jesus means obeying Jesus.

### **5. New Groups Through Mentoring & Multiplication:**

Focus on starting new groups rather than big groups. Meet with new leaders as they start new groups. Train them to do the same for others. Keep everyone connected for ongoing training and accountability. Use MAWL (Model, Assist, Watch and Leave) to help others start groups. Birth groups and grow leaders to multiply not cell division.

### **6. Discuss & Discover:**

Focus on the Bible. Trust the Holy Spirit to help each person discover the meaning of Scripture. Lead through asking questions rather than preaching. Try to make sure everyone participates.

## **XIII. The Training Cycle - MAWL**

- **Model** - Show them how to do it (2-3 weeks)
- **Assist** - Help them do it (2-3 weeks)
- **Watch** - Watch them as they do it (2-3 months or more)
- **Leave** - Entrust them with the work.

**Tip:** MAWL is much like teaching someone how to ride a bicycle. How you hold the bike in the beginning and gradually release them to ride on their own.

## 1. Be part of two T4T groups at a time:

- Always start a new group with a person of peace.
- You will have your primary spiritual family.
  - 8-12 adults in a group
  - Try not to bring new Christians into your group. Instead, help them to start their own group from their friends and family. Model how to do that for them and then assist them in doing it.
- You will always be trying to help others start a new group that will become their primary spiritual family.
  - This is what we call the model and assist. Thus, you will at times be in two or more groups at a time while you model and assist for the new groups.

## 2. Start your new group with a Person of Peace:

### 1. What to look for in a person of Peace

- Welcoming
- Hungry for spiritual things
- They ask questions of you [not just tell you their opinion – but want to know yours]
- Is willing to gather their family/group/community to study the Bible in a group setting

**2. Look for Persons of Peace:** Persons of peace are interested in spiritual things and open their home to you. They are willing to invite their friends and family to study the Bible and/or will let you use their home for a Group.

**3. Look for Groups of Peace:** Find groups that are already in existence and form them into Groups. For example: sports groups, a men's or women's group, religious groups, etc...

## 3. The Monthly T4T Leaders Meeting and Accountability/Leadership Groups:

1. Every church that is doing T4T should gather their T4T leaders and potential leaders for a monthly meeting to:
  - a. Celebrate the successes of T4T
  - b. Encourage the T4T small group discipleship leaders
  - c. The Pastor shares the Bible references to be discussed in the small groups for each week for the coming month.
  - d. Share best practices and address issues
  - e. Break into small accountability groups for about an hour
  - f. The monthly meetings should include leadership and T4T training and coaching from top church leaders. The entire meeting should last about two hours
2. Your Accountability Group members must all be of the same gender. Your Accountability Group should be 3 or 4 people.

3. Accountability Groups are made up of leaders and future leaders. Each member should read or listen to at least 2 chapters of the Bible daily.
4. They meet monthly during the T4T leaders' meetings at their church and share what is working or not working in their T4T groups.
5. They then quote 2 Timothy 3:16-17 and share what the Lord has told them they should start doing, stop doing, adjust, or grow in as a result of what they read or listened to that month.
6. They share how the Lord has enabled them to do His will during the last month.
7. They spend time praying for one another based upon what has been shared within the group.
8. The members of each Accountability Group should communicate with each other frequently, at least once a week. They should get to know one another very well.

**Note:** *that confidentiality should be clearly communicated and agreed upon prior to sharing with a new partner.*

#### **XIV. Final Thoughts:**

1. Prayer is the foundation of all of this. (The Lord's Prayer model)
2. Our Personal prayer lives, time in the Word and with the Spirit are key!
3. Prayer walking can help grow your group and change a neighborhood.
4. (Study by John Devries 80 households with no prayer prep vs. 80 with prayer prep where 67 were open to being prayed for and 40 were open to a visit from a church member.)
5. The last words of Jesus are important to follow and likely where we'd find the most fulfillment in life. (Acts 1:1-9)
6. Discipleship and disciple making is a lifestyle.
7. We want to work toward Groups that reproduce. If you start a Group that doesn't reproduce, don't worry! Just try again. Healthy groups give birth to 2 or more groups.
8. "Every Christian a missionary; every non-Christian a mission-field." W. Pratney

**The Seven Lessons that Every Disciple Should Know follows on the next page:**

## **The Seven Lessons that Every Disciple Should Know**

### **Lesson 1: The Assurance of Salvation (Born-again):**

1. The first lesson begins with the story of Jesus, told through the 3-Circles depiction of the Gospel and His assurance of our salvation. (Hebrews 13:5; 1John 4:10, 15)
2. They that are born again have a recreated spirit joined to Jesus and, therefore, are new creations in Christ. Their souls, being unfamiliar with the ways of the Spirit, are like newborn babies in their mind, will, and emotions. (1Corinthians 6:17; 2Corinthians 5:17; 2Thessalonians 5:23)

### **Lesson 2: Understanding Prayer:**

1. Prayer is like breathing. A newborn begins their life outside the womb by taking their first breath and their breathing strengthens as they mature. Prayer helps us grow spiritually. (Mark 6:46; Luke 18:1; Philippians 4: 6-7)
2. We must set aside time every day in a quiet place, free from distractions, so that we can meet with God in prayer and grow in our relationship with Him. (Matthew 6:6; Psalm 46: 10)
3. The Lord's Prayer is a model for prayer that Jesus shared with His disciples.
  - a. "Our Father who is in heaven" tells us that Almighty God in Heaven is our Father and we direct our prayers to Him.
  - b. "Hallowed be Your Name" means we begin our prayers with praise.
  - c. "Your Kingdom come, Your will be done on earth as it is in heaven" means we pray for God's Kingdom and will to be on the earth like it already is in heaven.
  - d. "Give us our daily bread" is asking for our needs.
  - e. "Forgive us our debts as we forgive our debtors" means that as Christ forgave us, so we should forgive others.
  - f. "Lead us away from temptation" is to pray that we will always be aware of God's presence.
  - g. "Deliver us from evil" means that since Jesus defeated the devil, we should stay vigilant against evil, enforcing Jesus' victory in our lives.
  - h. Finally, "For Yours is the Kingdom and the power, and the glory forever! Amen!" means we end our prayer with praise, expecting our prayers to be effective. (Matthew 6: 9 – 14)

### **Lesson 3: Daily Devotions:**

1. Babies need parents to nourish, nurture, guide and protect them. In the same manner, we need intimate times with our Heavenly Father. Our daily devotions in God's Word, the Bible, with inspiration from His Holy Spirit, feeds and grows our souls. (2Timothy 2: 15; Proverbs 2)
2. Reading the Bible is like drinking water, so we need to read it every day. We recommend reading three chapters from the Old Testament and one from the New Testament each day. (John 6:63)
3. Meditating on verses from the Bible is like eating solid food, which helps a child grow strong. We recommend meditating on the Bible throughout the day. (Psalm 1; Joshua 1: 8 – 9)

## **Lesson 4: The Church Gathering:**

1. When you become a follower of Jesus you also become a member of His family. The local Church gathering is a visible expression of God's family on earth. God is your Father, and all Christians are now your brothers and sisters. This household is the church of the living God (1 Timothy 3:15), it is not a building, and the church is not a place of worship, it is the people of God.

2. The Church is Jesus' visible body on earth and each of His followers are members of His body, with Him as the head. (Ephesians 1: 22 – 23)

3. A healthy church has 4 primary elements or functions that enable it to be God's instrument for bringing His Kingdom into manifestation in the earth. (Matthew 16: 13 – 18)

a. The local church is the visible expression of Jesus' body in a community. This is where we collectively worship God, fellowship with each other, receive Biblical and spiritual instruction, and where we prepare the saints for the ministry. (Luke 4: 16)

b. Festivals or large gatherings like Pentecost are where multiple churches gather in large events so that many can see more clearly the collective impact the body of Christ is making. (Acts 2; 16: 13)

c. Small discipleship groups are a very important part of the church. Jesus demonstrated this by spending most of His time during His earthly ministry with His twelve apostles. (Mark 3: 13 – 19)

d. Healthy church members go out into the community and share their faith with those that need Jesus. This was one of Jesus' final commands, and a healthy church must follow His orders by going out into the community to pray and share the Gospel. (Matthew 28: 18 – 20)

## **Lesson 5: God is Our Heavenly Father:**

1. Now that we are born again, God is our father. Just like we are called to honor our parents and obey them in the Lord, we are to respect, honor, and obey God. Like a parent, He provides all our needs, and He loves and protects us. (Ephesians 2: 4-5)

2. God reveals His love for us by calling us His sons. (1 John 3: 1)

3. We learn to obey Him and walk in His ways as we grow in our love for Him. Our love for God grows as we realize what it cost Jesus to save us from our sins. (1 John 4: 10)

4. As our father, God has promised to protect and provide for us. (Psalm 23 and 91)

5. God disciplines His children. The word disciple comes from the word discipline.

a. A disciple is a person who is learning how to walk in God's ways through spiritual disciplines such as prayer, Bible devotionals and fellowship. God primarily uses the Bible to discipline us. (2 Timothy 3: 16 – 17)

b. God never puts bad things on us to discipline us. Our own poor choices and lack of knowledge and understanding cause most of our trials. (James 1: 17)

c. God's Word by His Holy Spirit is the way we overcome our mistakes and change our behavior. (Psalms 119: 9 – 16)



## **Lesson 6: Spreading the Gospel:**

1. Now that you are a child of God and a member of His family you have assurance of salvation. You have an intimate relationship with God in prayer, quiet time, and devotional time in the Bible. You are a member of a church, small group, you are a blessed person. Now that you are maturing, it is only natural to want to give back to your family, society, and make a difference in the world. You are called to spread the Gospel and teach believers to obey God's ways. You train these disciples to spread the good news of salvation and to train others also.

a. Listen to the 4 Calls:

I. Call from above – from heaven: (Mark 16: 15)

II. Call from below – from hell: (Luke 16: 27 – 28)

III. Call from inside (1Corinthians 9: 16 – 17)

IV. Call from outside (Acts 16: 9)

2. We should not only lead people to receive Christ but also to become successful trainers, training other to spread the Gospel, too. In this way, you can rapidly spread the Gospel message. (2Timothy 2: 2)

3. God's desire is for every Christian to start at least one new group, sharing the Gospel with friends and family. God will greatly bless you and use your life. Acts (2: 46 – 47)

4. You should immediately respond to God and pray for the body of Christ. Ask God to help you be a blessing by doing these things:

I. Leading people to faith in the Lord

II. Starting at least one new home group, more if possible

III. Training trainers (people who will repeat the process and train their new trainers)

## **Lesson 7: Participatory Bible Study within Disciple-making Groups.**

1. Your T4T disciple-making group will meet each week. When you meet as a group you will follow the small group meeting format. During the Bible study section, you will simply open the Bible and study it together. Before you begin studying God's Word, ask the Holy Spirit to guide you in understanding the truths of the Bible and how to obey them.

a. As you individually and as a group have Holy Spirit in your hearts, know that He will teach you and help you dig out together the truths from the Bible.

## **Key Daily Practice:**

1. During every small group meeting always remind yourself and others that every morning when first waking up to ask Holy Spirit to fill you and send you across someone's path with whom to share Jesus.

2. Every small discipleship group should give birth to two or more groups.

3. Every multiplying leader should attend at least two group meetings per week - the one they are being mentored in and a new group they are helping to get started.

## YOUR PRAYER/CONTACT LIST

Make a list of at least 25 non-Christians. Try to do 100. You may use the back of the sheet.

1. _____	26. _____
2. _____	27. _____
3. _____	28. _____
4. _____	29. _____
5. _____	30. _____
6. _____	31. _____
7. _____	32. _____
8. _____	33. _____
9. _____	34. _____
10. _____	35. _____
11. _____	36. _____
12. _____	37. _____
13. _____	38. _____
14. _____	39. _____
15. _____	40. _____
16. _____	41. _____
17. _____	42. _____
18. _____	43. _____
19. _____	44. _____
20. _____	45. _____
21. _____	46. _____
22. _____	47. _____
23. _____	48. _____
24. _____	49. _____
25. _____	50. _____